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A warm welcome

For a young person, choosing a university that serves their needs the best is a momentous and difficult decision that influences their future professional life. Which types of studies are worth pursuing in the contemporary world?

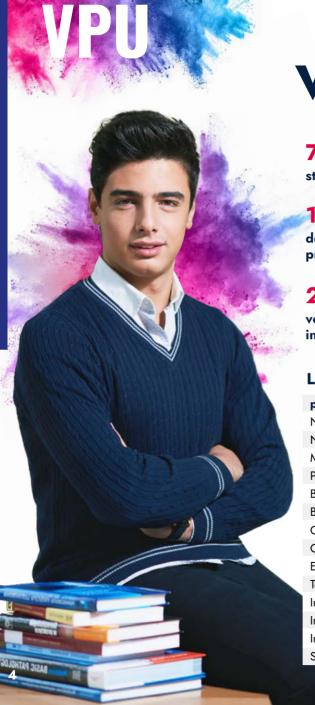
Offering a number of modern and sought-after programmes Vincent Pol University is definitely one of the universities that provide the students with all the options that they need to achieve the most comprehensive and practical education possible. Our graduates are held in high-esteem by employers not only in Poland but in other countries all over the world as well.

As our students and graduates come from four continents and over 60 different countries it is possible to state that, in relatively short period of time, Vincent Pol University has become a truly international institution with vibrant and multicultural atmosphere.

Let me encourage you to consider choosing VPU as the best choice for your further education and I hope to welcome you as our students in the coming academic year.

Henryk Stefanek

The President of Vincent Pol University in Lublin



**VPU** at a glance

7,100+

students

14 degree programmes

**27,000** volumes

volumes in library 24,000+

graduates

98

postgraduate programmes

60+

students countries

100+

partner universities

**AD 2000** 

year of establishment

#### **List of programmes**

programme	degree	years	<b>ECTS</b>	page
Nursing	bachelor	3	180	10
Nursing	master	2	120	12
Midwifery	bachelor	3	180	14
Physiotherapy	master	5	300	20
Beauty Science	bachelor	3	180	22
Beauty Science	master	2	120	24
Clinical Nutrition and Dietetics	bachelor	3	180	26
Clinical Nutrition and Dietetics	master	2	120	28
English Philology	bachelor	3	180	30
Tourism and Hospitality Management	bachelor	3	180	32
International Tourism	master	2	120	34
International Business Management	bachelor	3	180	36
International Business Management	master	2	120	38
Sport Science	bachelor	3	180	40

## Why Study at VPU?



#### **Affordable**

Enjoy our pocket-friendly tuition fees in one of the least expensive cities to live in Poland.



#### **Favorably located**

VPU is situated close to the Lublin city centre, and is easily accessible by public transport or by car.



#### Student-focused

VPU is a fast-growing, student focused University which offers you — an opportunity to expand your abilities, gain knowledge and get involved in academic life.



#### International

Students from over 60 different countries make VPU one of the most cosmopolitan and diverse universities in Poland where you can truly study with the whole world.



### (O)(X)

#### **Sport-oriented**

Apart from the wide selection of the sections to join our Academic Sports
Association can boast the female handball team that is a proud 6-times European
Universities Championships winner.



#### Supportive

International Studies Office is here to assist you in all the issues related to your studies and everyday life.



#### Recognized

Our Bachelor's and Master's degrees are recognized in EU and many other countries of the world



#### Perfect for learning

All the lectures and classes are conducted in small groups which allows you to have a more direct contact with your teachers.

## POL

### **Welcome to Poland!**

Poland is situated in central Europe. Our country links the East with the West not only geographically but also culturally. Poland is a member of the European Union (EU), the North Atlantic Treaty Organization (NATO) and the United Nations (UN).

Poland's education market has been dynamically developing in the last twelve years and is, currently, one of the most attractive destinations for students from all over the world.

#### 5 reasons to study in Poland



Internationally recognized degrees



High quality studies



Low study prices



Safety



**Modernity** 









#### **Quick facts about Poland**

Population: 38,5 mln
Capital: Warsaw
Official language: Polish
Government: republic
Currency: złoty (PLN)
Exchange rates: 1 € ≈ 4,70

Exchange rates: 1 € ≈ 4,70 PLN

Main religion: Catholicism (85%)

Climate: moderate continental,

4 seasons





fot. Kancelaria Prezydenta – Marketing Miasta Lublin

### **About Lublin**

Lublin is the largest Polish city east of the Vistula River and located approximately 170 kilometers (106 miles) to the southeast of Warsaw by road or train. It is the City of Inspiration for young and active people with its 65,000-strong student community, including over 8000 foreign students.

Lublin's 700-year-long history abounds in events that changed Poland and Europe. Its historical heritage, its Renaissance tradition, and its mosaic of nations, cultures and religions have all contributed to the unique atmosphere that continues to pervade the city.

#### **Costs of living**

Accommodation: 100-500 € / month

Public transport: 15-20 € / month

Mobile & Internet: 30-40 € / month

#### Food

a cafeteria lunch: 4-6 € a hamburger: 4 € a loaf of bread: 1 € a

a 1.5 liter bottle of water: 1 €
a liter of milk: 1 €
a 0.5 liter Coke: 1 €
a cup of coffee: 2 €









#### **Transportation**

All parts of the city are easily accessible thanks to convenient transport links. Bus services and city bikes are available 24/7. The main bus and train stations, and nearby Lublin Airport allow you to reach major Polish and European destinations.



#### **Shopping**

Lublin provides a variety of options to shop, from big and modern shopping malls, such as Lublin Plaza, Atrium Felicity, Vivo!, IKEA, to medium-size economic stores and small local groceries with eco goods.



#### **Culture**

Lublin is the cultural capital of Eastern Poland, known for amazing events taking place throughout the whole year. Most famous are Carnival (Circus Artists Festival), Students' Culture Days, Festival of Colours, Night of Culture, and Jagiellonian Fair.



#### Sports & leisure

Aqua Lublin, Zemborzycki Lake or Lublin Arena stadium offer a wide range of opportunities for active students. Enthusiasts of team sports, gym and fitness, running, kayaking or even skiing and ice-skating will also find something for themselves.



#### **Tourism**

The 700 years of history are very much present here in old houses and streets. Lublin's Old Town is one of the best preserved in Poland, and Lublin Castle, Majdanek State Museum and Cracow Gate are the most popular and impressive tourist attractions.



#### Safety

Very high safety level makes Lublin a secure and friendly place for international students. Collision, road accident, and crime statistics have remained low for years. In case of emergency you can always dial 112 and contact the municipal services.

## Nursing









Nursing programme is aimed at candidates who are prepared to provide direct health care services in hospitals, outpatient clinics, medical or penal institutions, residential homes and many others. The main goal of the Nursing programme is to gain the necessary knowledge and skills from experienced staff and to prepare students for work in a profession which has an ever-increasing demand and social prestige.

Our 3-year BSc Nursing programme enables the student to obtain professional qualifications in accordance with European Union requirements in medical sciences and nursing practice.

The curriculum is based on strict standards and includes theoretical and practical aspects of nursing as well as general-development humanistic knowledge. During the programme the student will acquire the knowledge of basic medical subjects, such as: anatomy, biochemistry, physiology, pathology etc.; social sciences, for instance: sociology, law, pedagogy, etc. as well as General and Specialized nursing subjects.



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Upon graduation from Nursing programme, students can apply for a license and in turn practice nursing independently all over the world.

#### **Placement**

- 1200 hours of practice
- Well-equipped labs
- Healthcare institutions
- Internships abroad: UK, Ireland,
   Greece, Portugal, Spain, Germany

#### **Careers**

Nurse

VINCENT POL UNIVERSITY

- Medical Counsellor
- Primary Healthcare Specialist
- Secondary Healthcare Specialist
- Health Care Educator
- Hospital & Sanatorium Worker

## **Nursing**









Second-cycle studies in the field of Nursing at our university is a way to meet the needs of the future population, or more precisely, the demographic forecasts, according to which 1/6 the total population of the whole world is made out of people over 60 years of age, in need of highly specialized personnel providing care. Nursing is one of the professions of public trust. It is a field of study created for people who want to help others, and well-qualified nurses are in constant demand.

During Nursing master's degree program, students expand the knowledge and skills acquired during their undergraduate studies, mainly in specialized nursing, management in nursing care, medical didactics and research methodology. A graduate of a master's degree program has the ability to use advanced knowledge in the field of medical science and nursing as well as the ability to cooperate with team members in improving the quality of care.



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In addition, Nursing studies have a practical profile, and emphasis is placed not only on training in medicine, but also on the philosophy and ethics of the nursing profession, as well as psychology and sociology.

An important area of nursing activity is health-promoting prevention. Hence, an important part of the educational program is health promotion — education in health maintenance and disease prevention.

- Opportunity to undertake third-degree studies and obtain a doctoral degree
- Activities in the field of health promotion and education – promoting healthy lifestyles
- Work in health centers, sanatoriums, nursing and correctional facilities
- Managerial functions public and nonpublic health services

## Midwifery









Midwifery is one of the oldest branches of medicine. The programme allows the students to acquire specialist knowledge from the area of medical science, specifically prenatal medicine, neonatology, gyneacology and nursing. What is more, they also learn about all medical treatments meant for pregnant women, women in labour and newborn children.

Midwifery is a socially responsible profession which, apart from knowledge, requires dedication, passion and vocation. Potential candidates should be responsible,

reliable, conscientious, friendly and able to make decisions. They should also respect other people's dignity, care about others and be ready to constantly improve their knowledge and skills.

Around the world, there is a great demand for qualified medical staff. As a result, Midwifery graduates need not worry about future employment as they are welcomed not only on the national but also international job market. The curriculum allows the students to gain specialist knowledge and skills, which open numerous career









opportunities, including further education in the field. A certified midwife is also a health educator, able to pass on the knowledge about family planning, monitoring of pregnancy and successful child delivery. Apart from the specialist subject, students also learn Polish language, which allows them to function both in the country and abroad. Successful graduates obtain the Bachelor's diploma, which is recognized in all European Union countries.

#### **Placement**

- 1200 hours of practice
- Maternity, Gynaecological, Neonatology and Pathology of pregnancy wards
- Specialist clinics
- Childbirth schools
- Laboratories
- Teacher/lecturer in educational facilities

- Midwife in gyneacological offices birthing
- Lactation counselling
- Prevention of female diseases
- Counselling in the field of nutrition of pregnant women and newborns
- Education in the field of family planning methods

### Medical Simulation Center

The Medical Simulation Center of Vincent Pol University was opened on the 8th of November, 2021. It was co-financed by the Ministry of Health as a part of the project "Innovative Education for Nursing Students — Creation of a Single-profile Medical Simulation Center at Vincent Pol University in Lublin".

The aim of the project was to improve the quality of education not only for nursing, but also other medical programmes taught at the university. As an element of the project, a development plan was prepared, the main aspect of which was the creation of the Center. VPU students can already use the new facilities and have access to state-of-the-art educational solutions offered. Classes taught using the medical simulation methods enable students to significantly increase their competences, which, in turn, enhances their professional opportunities.

Medical simulation is the best way to develop practical skills. Students are able to perform certain activities and procedures in standardized, controlled and recurrent conditions. They can also receive immediate feedback from experienced and well-qualified teachers. The ability to practice advanced scenarios in the first stage of education results in more fruitful participation in practical classes, which ultimately leads to greater safety of patients and higher quality of professional conduct.

#### 9 specialized training rooms:

- High fidelity simulation room
- Control room
- Advanced Life Support (ALS) simulation room
- Basic Life Support (BLS) simulation room
- 4 Fundamentals of Nursing rooms
- Technical skills training room
- Debriefing room
- Objective Structured Clinical Examination (OSCE) room



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Advanced Life Support (ALS) simulation room



High fidelity simulation room 1





Prebriefing - debriefing room



High fidelity simulation room 2



### **Medical Science Center**

Vincent Pol University in Lublin is in the process of extending its campus with a new segment, namely the Academic Medical Science Center. It will be a new, 4-storey didactic building with an area of over 4,000 sq m. The facility will be equipped with state-of-the-art medical equipment and all the amenities for education.

There will be offices, laboratories and exercise rooms for medical programmes such as Nursing, Midwifery, Beauty Science, and Physiotherapy. Bistro bar as well as offices and specialistic laboratories will be located on the ground-floor. Cosmetic services will also be provided as part of curriculum.

On the 2nd and 3rd floor there will be two lecture halls with an amphitheater arrangement of seats (auditoriums) and a library on the 1st floor. The new building will allow the University to develop other fields of study in the educational offer, such as: Paramedic Science, Psychology, Computer Science.

### Chodźki OFFICE

Since 2022, Vincent Pol University is maintaining an ongoing deal to conduct classes and lectures at a modern office space: Chodźki OFFICE. Our students can use the classroom and a professional Lecture Hall, fully equipped in specialised electronic equipment.

The building is very well situated in terms of availability, be it by walking, cycling, driving or using city transport. There are a number of bus stops in the vicinity, which allow to travel easily to the city centre and other districts of Lublin. Other locations nearby include: a supermarket, restaurants and a shopping mall.



The location of Chodźki OFFICE is also very close to that of our University Campus — It is merely 600 metres away.





## **Physiotherapy**



5 years (10 semesters)



® 300 ECTS



Master of Science



Physiotherapy is a medical profession providing healthcare services with respect to restoring and maintaining proper body functionality and mobility. In many settings, physical therapy is combined with other medical services, aimed at prevention and treatment of illnesses.

Our 5-year MSc Physiotherapy programme has been developed with full reference to recent changes in health service provisions in EU and within education standards and directives of the World Confederation for Physical Therapy (WCPT). The future physiotherapists are taught by experienced health care professionals who are committed to ensuring that students will develop the knowledge, knowledge, skills, attitudes and values which they will then use to identify patient problems, set treatment goals, select and safely apply appropriate evidencebased physiotherapy treatment so that patients reach their maximum potential. Our Physiotherapy programme provides an innovative, student-centered and employability--focused curriculum. Students gain the knowledge of the most up-todate forms of manual therapy (Kinesiotaping),







neurodevelopmental techniques (PNF, NDT-Bobath), physical medicine, functional diagnosis and rehabilitation programming. Graduates are prepared for work in scientific research institutions, and are eligible to apply for a professional specialty in physiotherapy as well as PhD studies.

#### **Placement**

- 1450 hours of practice
- Public hospitals in Lublin
- Academic Physiotherapy Centre
- Special education centres and preschools
- Fitness and sports centres
- Private physiotherapy practice
- Centres for the disabled
- Internships abroad: UK, Ireland, Greece, Portugal, Spain, Germany

- Clinical Physiotherapist
- Sport Physiotherapist
- Personal Trainer
- SPA & Wellness Professional
- Masseur in Health & Beauty Clinics

## **Beauty Science**









Beauty Science is a knowledge of beauty care techniques, which enable one to conduct beauty treatments and choose suitable cosmetics. The main aim of Beauty Science studies is to educate highly qualified, creative and socially responsible beauty therapists prepared for the professional career, seeking personal and professional growth through lifelong learning.

Our 3-year BSc Beauty Science programme includes lectures and classes taught in professional, well equipped cosmetology labs, by experienced, highly qu-

alified and dedicated academic staff, professionals such as dermatologists, allergists or plastic surgeons.

The future beauty therapists will be able to develop tools and techniques to maintain a healthy facial and body skin, eliminate skin and body defects, highlight attractive features of the face and shape the desired image, by employing the latest technologies in cosmetic procedures.

In response to evolving demands of the job market, our Beauty Science programme involves not only medical co-





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urses like anatomy, physiology or genetics and biology but also unique classes, such as thalassotherapy, podology or perfumery and a wide range of optional certified workshops. Students are also provided with scientific development opportunities thanks to participation in symposiums and conferences organized by the University.

#### **Placement**

- 960 hours of practical training
- 100+ beauty salons specializing in modern beauty treatments
- Internships abroad: UK, Ireland, Greece, Portugal, Spain, Germany, Italy, Cyprus

#### **Careers**

- Professional Beauty Salons
- Owner of Beauty Business
- Cosmetic Departments of Pharmacies
- Fitness and Leisure Centres
- Make-Up Artist at Photo Studios
- Healthy Lifestyle Educator



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### **Beauty Science**



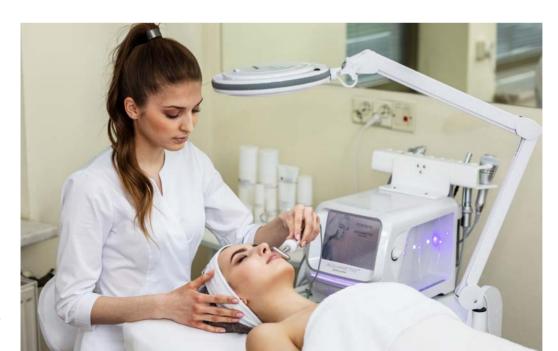






The main concept of education during the second cycle programme in Beauty Science at Vincent Pol University is to educate qualified specialists, who will have in-depth and practical knowledge in the field of broadly understood cosmetology, which will enable them to perform advanced cosmetic procedures, select appropriate cosmetic products, and indicate their application on the basis of pharmacological knowledge.

The study program consists of theoretical foundations, including a number of subjects from scientific disciplines such as health sciences, medical sciences and pharmaceutical sciences, and practical subjects. The educational plan includes medical subjects such as: anatomy with particular emphasis on the head, neck and lower limb, skin oncology, endocrinology, elements of allergology, pharmacology or trichology.



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They will allow students to acquire and deepen knowledge of the structure and functioning of the human body in health or illness, being a good basis for conducting specialized cosmetic procedures. The program, however, is focused on the improvement and deepening of practical skills by the student, which will allow to perfect the skills of diagnosing the condition of the skin, distinguish skin defects, plan and carry out cosmetic procedures, including advanced therapies with the use of modern cosmetological equipment and properly selected cosmetics. The program will include, among others, classes in aesthetic and anti-aging cosmetology, trichology, orthopodology and beauty and beautifying cosmetology laboratory.

- Beauty salons
- Wellness facilities, SPA and medical cosmetology
- Laboratories and cosmetics departments of pharmacies
- Companies producing and distributing specialized cosmetic products
- Running and organizing own cosmetic salon



## Clinical Nutrition and Dietetics









The idea of education in the field of dietetics first-cycle studies is based on the assumption that a dietitian is a health care professional with knowledge of the nutritional determinants of human health and diseases.

Graduates of the dietetics bachelor's degree program, in accordance with the European trend of treating dietetics as a medical profession, will receive preparation in medical and health sciences, taking into account those aspects of knowledge that are necessary in diagnosing the nutritional state and mode of nutrition and planning nutritional management.

The foundation of first-cycle education in health and medical sciences and food and nutrition sciences is common to all students and is the starting point for continuing education in, one of two specializations chosen by students: Clinical Dietetics or Nutrition in Sports and Fitness. By offering a choice of specializations, we are answering the educational needs of those adepts of the dietetics profession who do not feel predisposed to







work with patients in a medical context, but wish to deal with dietary counseling addressed to healthy people with special nutritional needs related to their lifestyles.

- Public and non-public medical entities
- Private and public dietetic clinics
- Institutions of collective nutrition of the closed type, including, among others, educational institutions, social welfare homes, sanatoriums, spa hospitals
- Catering companies
- Consumer organizations
- Sports and recreation facilities, fitness clubs, sports clubs
- Internet portals that promote the principles of rational nutrition

## second-cycle studies Clinical Nutrition and Dietetics









The education program of the second degree program is designed as a universal offer to supplement the education in dietetics from the level of bachelor's degree, dedicated also to graduates of first or second-cycle degree programs in other majors related to human nutrition, dietetics or food technology, which leads to the professional title of master's degree.

Graduates of the second degree program will receive a development and deepening of practical medical training in human nutrition and dietetics, with particular emphasis on contemporary health risks (primary and secondary prevention of diet-related diseases). They will be prepared to establish and run a business with a profile of human nutrition and dietetics.

The primary goal of training is to prepare a nutritionist - a medical professional, to work in therapeutic and health promotion teams, as well as to undertake management demands in entities involved in various forms of human nutrition









- Establishing and running your own business in the field of dietetics counseling
- Holding management positions in mass catering establishments
- Working in therapeutic teams in those clinical specialties that involve disease problems related to human nutrition, including, among others, obesitology (treatment of obesity), cardiology, endocrinology, diabetology, bariatric/metabolic surgery, rehabilitation medicine, oncology and others
- Undertaking team or individual dietetic practice in public and non-public health care facilities
- Conducting nutrition education and preventive health care in educational institutions, sports, fitness clubs, consumer organizations

## **English Philology**









Studies in English Philology have been popular in the offer of language studies for years. This is largely due to the fact that English is the most common language used in international relations.

English Philology is a specialty that allows one to gain fluent knowledge of the language, but also to learn the history, culture and literature of the English-speaking countries. The study program allows one not only to master foreign language, but also to learn its scientific grammatical description, its use in literature, as well as the customs and cultural background of the people speaking it.

For students who want to gain teaching qualification, the university has prepared pedagogical qualification studies, within which students have an extensive block of pedagogical and methodical activities.

Knowledge of foreign language confirmed by studies is an important advantage in the labor market.



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Another one is the knowledge of an additional foreign language. Therefore, to meet these needs, we have introduced simultaneous learning of the second language — Spanish, taught from the basics. The philologist can pursue a variety specialties: pedagogical, cultural, linguistic, business or translational.

- Diplomatic, local government and cultural institutions
- Publishing houses, editorial offices media and public Relations companies
- Primary schools, secondary schools
- Institutions providing training courses
- Translation offices
- Tourism organizations and companies

## Tourism & Hospitality Management







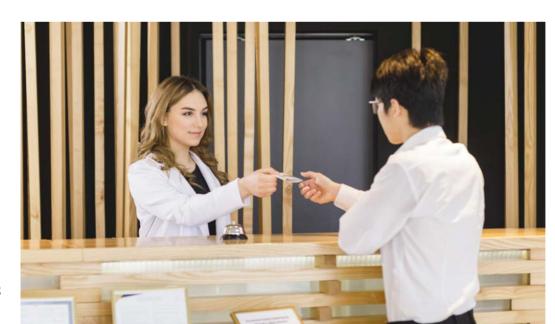


Tourism is the fastest growing industry in the world which plays crucial role in the global economy. It is dynamic, customer-focused and provides graduates with exciting worldwide career opportunities. Tourism and Hospitality Management prepares students for managing various institutions within the hospitality industry and supplying culinary, accomodation and related services to tourists and visitors.

Our 3-year BA Tourism and Hospitality Management programme combines both academic and practical

aspects of tourism, allowing students to gain first-hand industry experience, to live an unforgettable adventure as well as to learn and appreciate different cultures. An important part of this programme is working with the staff — professionals in the tourism and hospitality industries, as well as participating in guest lectures at the University and study visits to partner hotels, tourist sites and entertainment venues.

Students have the opportunity to choose one of two specialities: Hospitality Management or Tourism Management,



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which focus on the hotel and tourism sectors respectively. Our University offers not only traditional study subjects, but also the opportunity to gain additional practical experience, for example as a trip guide, a tourist guide, a summer camp career and a holiday place manager.

#### **Placement**

- 960 hours of practical training
- Leading local hotels in Lublin
- International settings in Europe
- Education and Recreation Centre in Piotrawin (see p. 33)
- Fitness and sports centres
- Internships abroad: UK, Ireland, Greece,
   Portugal, Spain, Germany

- Guest Service in Holiday Centres
- Customer Service in Hotels & Eateries
- Marketing Specialist in Tourist Centres
- Travel Agency Worker
- Tour Guide
- Employee of Administration Organizations

### **International Tourism**









The main goal of our MA International Tourism is to enable graduates of bachelor's degree in Tourism and Hospitality Management to continue their studies and develop their skills and knowledge of social environment, history, culture, law, economics, management, finances, and statistics. This allows students to specialise in their chosen areas of interest.

Our 2-year MA International Tourism programme enables the students to choose one of two interesting specializations: Tourism and Hospitality Management or Business Management. They gain the abilities of solving common problems that managers and other tourism professionals are likely to face in their work. Students also develop academic, decision making and critical evaluation skills. Apart from theoretical issues, there is also a practical focus on the managerial and strategic issues in tourism, which belongs to the most rapidly developing branches in the world economy.

The International Tourism Programme includes classes taught by experienced and qualified teaching staff, inc-







luding both academic teachers as well as tourism and hospitality professionals and experienced practitioners and managers. Graduates are prepared to work in state and private-owned institutions and businesses of the hospitality and tourism sectors.

#### **Placement**

- 3 months of practical training
- Leading local hotels in Lublin
- International settings in Europe
- Education and Recreation Centre in Piotrawin (see p. 33)
- Internships abroad: UK, Ireland, Greece,
  Portugal, Spain, Germany, Italy

- Travel Agency Manager
- Head of Tourist Centres
- Manager in Hotels & Eateries
- Manager in Holiday Centres
- Director of Administrational Organizations
- Owner of Tourism Business

## nternational Business Management









International Business Management is the art of professional functioning in a complex and competitive international environment. The growth of world trade and technological progress as well as global capital flow across national boundaries add to the competitive pressures on companies. The programme prepares students to understand and face those challenges.

Our 3-year full-time BA International Business Management programme is aimed at educating and training international business professionals working successfully in any country or culture and combining one's knowledge of business processes with interpersonal relations with partners from diverse cultures. The hands-on and casebased teaching approach provides each graduate with a comprehensive knowledge of business and economics, including the fields of marketing, sales, finance, quality, and management.

The International Business Management Programme includes classes and lectures taught by experienced and highly qualified teaching staff, including both respected





academic teachers as well as professional trainers and experienced business practitioners and managers. Students are educated and trained both by attending theoretical classes and by participating in practical training events, group projects integrating different management skills, case studies, and business simulation activities.

#### **Placement**

- 320 hours of practice
- Successful and innovative companies
- Real-life business challenges
- Supervision of highly-qualified business practitioners
- First contacts in the professional world of business
- Business Incubator start your business under our guidance (p. 43)

#### **Careers**

- Global Scale International Business
- International Corporate Bodies
- Local Scale Business
- Real Estate
- Retail Industries
- Start-Up Management



# second-cycle studies nternational Business Management









Studying the second degree in International Business Management allows you to obtain a comprehensive and expanded knowledge of economics and the ability to manage financial, human and material resources. The knowledge imparted during the course of study allows you to learn the principles of advanced analytical methods to study economic phenomena.

Graduates are able to work in diverse conditions of the international market environment and in multicultural teams, as they have the skills to cooperate in a team or lead teams. Graduates are familiar with models of economic growth and development, including sustainable development, as well as with the mechanisms of the modern world economy and national economies open to international flows. Master's studies of the second degree also provide the basis for further education in postgraduate and doctoral studies (of the third degree), enable to undertake scientific and/or educational work.

The IBM programme is a response to the growing demand for employees who are familiar with the functioning of businesses and institutions in the conditions of internationalization (including European integration)





and who are able to operate while cooperating and competing with domestic and foreign partners. International Business Management is a specialization designed for those who wish to actively operate in international markets and seek practical skills and knowledge in this area. The purpose of the specialization is to enable students to gain comprehensive knowledge of international business and acquire practical skills for conducting activities in various forms of business activity on the open domestic and international markets, including their own business. In this specialization we will prepare you to work in multinational corporations, companies cooperating in international markets or offices cooperating with foreign countries.

#### **Careers**

- Employee in international manufacturing companies
- Employee in trading companies
- Employee in financial and capital services
- Manager in international projects
- An employee of non-governmental public benefit organizations
- Owning your own business



# 14

# **Sport Science**









Sport Science is a first-cycle program with practical profile lasting 3 years. For people actively practicing various sports disciplines, the University decided to meet their needs and offer them individual course of study. The didactic plan for part-time studies provides students with the opportunity to study without interrupting professional work.

The degree of Sport Science includes knowledge and skills in the area of social sciences and physical culture.

It is a program created for people who enjoy physical exercise and working with young people, and for those who wish to improve their own fitness. The course prepares you to become an educator and manager in the field of physical education. Graduates of this field can work in clubs and sports associations, as teachers of physical education and in sports and recreation centers as sports instructors and managers, as well as in departments of physical culture and in public institutions.





The advantages of studying Sport Science degree in Lublin are:

- proximity of the university to other Lublin clubs as well as clubs functioning in cities and towns in the Lublin region
- an opportunity for sports instructors and teachers to improve their professional qualifications,
- students who achieve high sporting results have the opportunity to have an individual course of study

#### **Careers**

- Work in elementary school, educational institutions
- Work in social organizations and municipal organizations, related to physical culture
- Work in sports clubs, recreation centers recreation and wellness centers
- Self-employment business as a sports instructor or personal trainer
- Obtaining the competences of referees or instructors in selected sports disciplines



# **English Language**



1 years (2 semesters, 600 hours)



If you are thinking about studying abroad, but you are not sure if your language skills are sufficient, or you do not have the required language certificate, you should consider signing up for the English Language Preparatory Course. VPU offers a course, which is perfect preparation for non-native English speaking students who wish to study a degree at the university, or who are serious about improving their level of English.

Open to all students whose first language is not English, the course provides you with comprehensive general and academic learning in all relevant areas of English language - giving you the opportunity to practice your reading, writing, listening, and speaking skills with your tutor and your fellow students. You will have the opportunity to increase your knowledge of English grammar and vocabulary and develop your academic skills, in order to meet your required level of English.

The course ends with a final exam (level B2). The exam will be recognised as a proof of English language competence required for admissions at VPU.





## Course start dates: October & March



#### Why should you choose ELPC?

- international environment VPU has students and graduates from over 60 countries
- opportunity for becoming a member of a VPU union and participating in the life of the university
- opportunity to develop your language skills with native speakers
- access to university library with a large number of English coursebooks, CDs and dictionaries
- course-completion certificate
- possibility of taking a certificate exam (IELTS) in one of the centres in Lublin
- additional Polish classes
- attractive prices & lots of satisfied students

#### **Course description**

- 600-hour course (classes 5 days a week)
- Practice in all language skills (listening, speaking, reading and writing)
- Qualified and experienced teachers
- Classes taught by various teachers using different methods and teaching techinques
- Focus on specific exam tasks (IELTS)
- Free mock exams
- Using multimedia in the classroom
- Free coursebook and materials

# **Graduates opinions**



#### Moustapha (Kuwait) Sport Science

I love studying at VPU and I am planning to get a degree in Sports Science. The University offers affordable education for international students. I advise potential applicants to be ready to face a new challenge in their life and be serious about their study.

#### Nur (Malaysia) Beauty Science

VPU has elevated my passion in my field, Beauty Science, with guidance conducted in a friendly atmosphere from helpful lecturers. I especially learned a lot from hands-on classes. All the people here, including international & Polish friends, have been warm and friendly.



#### Sai (India) Tourism and Hospitality Management

VPU truly takes care of its students giving them every opportunity imaginable. In return, we are helping our University to become a leading college in the eastern Poland. Moreover, we meet local Polish students, which is itself the most amazing experience.

#### Elizabeth (Ukraine) Physiotherapy

I enjoy studying at VPU because of diversity of people. The range of activities conducted by the University is highly entertaining like BBQs, going to restaurants, various festivals and concerts where you can just enjoy time and meet new people.





#### Nene (Zimbabwe) Physiotherapy

I'm a Physiotherapy student at VPU, which is an awesome University as we are provided not only with quality education, but also trained to be professionals. I highly recommend studying here because of the end less opportunities it offers!

#### **Punam (Nepal) International Tourism**

VPU offers a chance to gain international experience with reasonable tution fees. Make sure to participate in students organizations like ISU as you will learn to create mare opportunities during your time in VPU.



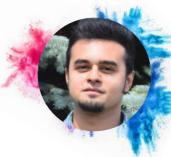


#### Princhan (United Arab Emirates) Beauty Science

I've chosen VPU because teachers over here have appropriate teaching techniques to enhance my learning. The University maintains and promotes a positive environment for students. The staff are very helpful and they're solving students' queries immediately.

#### Ibrahim (Pakistan) International Business Management

As a first semester student of International Business Management at VPU, I could simply say that I gat the perfect start that I've ever wanted. The cooperative and friendly teachers and staff members have enabled me to secure a top GPA from the start.



# Campus & Facilities



Physical Medicine labs



Kinesiotheraphy labs



**Nursing lab** 



Midwifery lab



High fidelity simulation room



Lecture hall



Library

VPU is located in a modern building with special teaching rooms fully adapted to the needs of the students from different courses. VPU is proud to own an exceptional lecture hall with a circular shape and a capacity of 200. The Campus contains a number of modernly equipped classroms, laboratories and studi-

os for all types of physiotherapy, cosmetology, biomechanics, anatomy, massage, sports, tourism, hospitality, geography and computer classes. Moreover, the building is endowed with a hi-tech conference room that allows to arrange fluent meetings with people all over the World.









Tourism labs

**Computer labs** 







**Cosmetology labs** 

Sport hall







Cafeteria **Conference room** 

**Anatomy labs** 

For maximum comfort and security, the rooms are equipped with air-conditioning and video surveillance. The efficient facility management and technology solutions ensure that all the students have access to innovative laboratories, a free Wi-Fi connection as well as various leisure facilities that VPU cooper-

ates with. That includes recreation and leisure rooms, sports halls, fitness clubs and swimming pools. If you are hungry, VPU invites you to the student cafeteria, which is a popular place for social meetings, that offers good quality and affordable meals and snacks.

### **Academic Physiotherapy Center**

In 2010 VPU founded the Academic Physiotherapy Centre, a modern clinic boasting invaluable experience, which can be used not only by our physiotherapy students but also by the citizens of Lublin. The centre has the most modern equipment for a full body diagnostics and rehabilitation and is contracted with the Polish National Health System. Due to the invaluable experience gained from practical sessions attended by future physiotherapists, it is also a place where students do their clinical practice and where scientific research is conducted.







### **Education and Recreation Center** in Piotrawin

VPU students have the opportunity to study and rest in the Education and Recreation Center in Piotrawin. It is located next to the Vistula River, about 60 kilometers from Lublin, and about 15 kilometers from Kazimierz Dolny — in the area of a beautiful landscape park, forest and water recreational environment. The center can accommodate up to 50 people in comfortable conditions and is perfectly adjusted for organizing student's workshops, social activities, sport competitions, hiking, and even fishing.





# Accomodation Prusa Centre

Vincent Pol University offers its students a state-of-theart hall of residence located in the city center, just 2 kilometers from the University campus. The building was completed in 2020 and offers studio flats as well as single and double rooms with en suite kitchen and bathroom furnished with modern furniture and appliances for comfortable living.



Modern apartments with fully furnished single and double rooms kitchen and bathroom in each apartment, air conditioning, underground car park, 24/7 security, located in the city centre of Lublin, only 2 km away from VPU, in the vicinity of shopping

malls, restaurants, clubs and the Old Town and excellent access to public transport.

Get in touch with us: accommodation@pol.edu.pl













bedroom

living room

dining area

bathroom

air conditioning









### Research at VPU

#### Library

The library of VPU is used by students, teachers, and the University staff. At present, total collection amounts to 27,000 volumes. It gathers materials related to disciplines of science represented in VPU as well as source materials (dictionaries, encyclopaedias, address guides, biographies and others), special collections (old prints, manuscripts, rare book manuscripts) and electronic sources (databases, electronic magazines, audiovisual documents, microforms). We also subscribe to over 50 physical journals.

The library catalogue is available online for our students and staff at: www.makplus.pl. The system allows you to reserve and renew books. To borrow from the library you will need a valid electronic student ID.

Students also have access to the online libraries of our partner universities: MCSU Main Library, KUL Library and the District Pedagogical Library in Lublin. Moreover, our library has access to variety scientific databases, eg. Virtual Library of Science (wbn.icm.edu.pl). As a result, you can use the most prestigious and valuable scientific publications world-wide: Elsevier, Scopus, Springer, Wiley, Web of Knowledge.

A novelty for our medical students is ClinicalKey database, which offers access to full articles from specialist journals as well as books.

Get in touch with us: biblioteka@pol.edu.pl



#### **Publishing house**

VPU's publishing house was established in 2004. Its main aim is to prepare and print scientific and popular science texts — books, monographies, and journals — that result from our academic staff research enterprises. It also provides a variety of student coursebooks, manuals and provisory notes. The subject matter of publishing house outcome touch upon both local and global issues.

#### **Academic journals**

The Quarterly Archives of Physiotherapy and Global Researches is a periodical addressed to scientists, doctors, pharmacologists, chemists, psychologists and physiotherapists involved in the process of treating patients including basic pre-clinical tests, diagnostic tests, clinical tests and rehabilitation of movement, mental health as well as a healthy diet. The quarterly aims at creating a platform where representatives of all the sciences concerned with the treating process are able to exchange their knowledge, experience, achievements and discoveries.

The biannual journal **Archives of Tourism, Hospitality** and **Sport Science** is an international, scholarly and refereed periodical aiming to promote and further research in the fields of tourism, hospitality, recreation and physical education. The journal is addressed to both members of the scholarly community dealing with tourism, hospitality, recreation and sport science, as well as business practitioners and professionals.

Starting from regional guides, albums and even postcards, through general publications on the national level, finishing with international journals elaborated in cooperation with health scientist all over the globe, VPU publishing house is considered as a truly universal instrument for a vivid academic development.





### Students life

At VPU, we believe that community starts with sharing common space and a common spirit. To ensure a comprehensive student experience, we are committed to providing limitless opportunities for students to make the most of their time at the VPU by supporting their intellectual, physical and emotional development. We understand that student success is not solely defined by academic achievement.

Through clubs and activities, leadership and service, students at the VPU grow as individuals, embrace diversity and learn to engage in their communities. You'll find a vast number of ways to enjoy yourself, keep busy and make friends on campus and in halls. It's easy to immerse yourself in exciting opportunities and experiences both at the University and across the city. The cultural and enterntainment attractions of Lublin are never more than a short bus ride away.

#### Get the most out of your time at VPU

- join a sport section at **Academic Sport Association**
- find part-time or full-time job at Careers Office
- start your first business with Business Incubator
- spend a semestr abroad with Erasmus+



# Study abroad

Get in touch with us: inter.rel@pol.edu.pl

#### Erasmus+

The Erasmus+ Programme is a European funding programme established in 1987. It offers university students a possibility of studying or doing an internship abroad for a period of at least 2 months and maximum 12 months per cycle of studies. Erasmus+ now offers the possibility to go way beyond the European borders as well. Higher education students after completing a 1st year of studies can benefit of the Erasmus+ studies and Erasmus+ placement programmes. There is no age limitation.

Each student receives a grant which covers partly the costs of the stay abroad. Your university is required to make the amount of the grant publicly known to students, so you can just ask at International Relation Office. The grant can often be complemented by VPU or national grants.

#### Why should you choose Erasmus+?

- acquire a new perspective on your subject
- live abroad and experience a new culture
- meet people and learn a foreign language
- enrich the period of your studies
- gain better job opportunities
- accomplish an internship abroad
- develop personality and change your life

#### **Partner universities**

**EDEM** 

Edem Escuela de Empresarios, Fundacion de la Comunidad Valenciana, Hiszpania



Ho Chi Minh City Open University Wietnam



Asia Pacific University of Technology & Innovation Malezja



BERJAYA University College Malezja



**University of Bedfordshire** Wielka Brytania



**University of Northampton** Wielka Brytania



National University of Ukraine on Physical Education and Sport Ukraine

# **Academic Sport Association**

Academic Sports Association is a mass students' sport organization, one of the biggest sports associations in Poland. Having more than a hundred years old history, it has integrated generations of students centered around broadly understood physical activity. Its main objectives are development of physical education, promotion of healthy lifestyle and physical activities within the academic community. At VPU, students as-

sociated with the organization can practice various kinds of sports as amateurs and as professionals. Our most eminent section is women's handball team, that has succeeded in academic championships at both national and European levels, winning multiple gold medals and awards. VPU has also well developed sections of men's soccer, men's and women's futsal, swimming, kick-boxing, and athletics.

#### **VPU Women Handball Team**



**6**x

**European Universities Handball Champion** 



2<sub>x</sub>

European Universities Games Gold Medal



**4**x

Polish Universities
Handball Champion









### **Careers Services**

VPU education provides a fantastic platform for the future. To ensure that you stand out in an ever more competitive graduate job market, the University's Careers Office provides you with the opportunity to boost your CV, gain practical experience, meet employers and find out about vacancies on offer. Careers Office

lists dozens of vacancies for volunteering, work experience, internships and graduate opportunities. Many students undertake short-term work placements during their long vacations to try out different careers and gain valuable skills and experience. It's never too early to prepare for your next step.

#### What can you gain?

- meet employers
- earn additional money
- gain experience
- develop practical skills
- meet people and challengers
- try various career paths





#### **Business Incubator**

The VPU Business Incubator is a new university unit, which concentrates on helping students to try and set up their own businesses and start their careers as entrepreneurs. Thanks to the Incubator, any VPU student can start their own company at no cost and without any fees or monthly social contributions. It is unnecessary to register one's own business, either.

The Business Incubator is a practical school of entrepreneurship. The incubated start-up companies operate under the VPU umbrella and supervision, enjoying the support of the entire University's staff and school community. What is more, for students cooperation with the Incubator is absolutely for free.



# How to apply?

#### 1. Choose a study programme suitable for you

2. Check and meet the entry requirements applicable to you

Detailed information on formal and language requirements is available
under the tab "Admission Requirements"

#### 3. Submit your application

There are two way to submit your application documents to the International Admissions Office of the University.

You can apply on-line accordingly to the instruction by filling in the application form and submitting the scanned copies of required application documents as below:

- scanned copies of Diplomas/Certificates and Transcripts of the former education
- scanned copies English Certificates
- scanned Passport copy (page with personal data)
- scanned Photo
- scanned Application Form

You can also send all the above scanned documents to infoenglish@pol.edu.pl for verification and initial registration.

#### 4. Wait for the final decision about your admission.

If your application meets university's requirements, you will receive a scan of Offer Letter by e-mail. You should check your e-mail regularly. If you accept our offer, and agree to follow the rules of the University, please sign the Acceptance of Offer and send it back together with the confirmation of administration fee payment (this fee is non-refundable) to infoenglish@pol.edu.pl. Payment details are included in the Offer letter.





#### Choose suitable accommodation

International students may apply for university accommodation in one of PRUSA CENTRE APARTMENTS, which are all located near the city centre. There are single rooms and double shared rooms available. They may also look for private accommodation on their own.

Please inform us about your accommodation preferences, because when you decide to live in a dormitory and sign your Offer Letter, we need to check the room availability and reserve the place.

#### **6.** Confirmation on your enrolment

After receiving your signed Acceptance of Offer and the confirmation of your payment we will send you the Final Acceptance Letter and the support letter to the Polish Embassy. These documents are necessary to apply for the visa.

#### 7. Apply for your visa

It can take several weeks for your visa to be processed so you should make your own arrangements for student visa in good time to start the course promptly.

#### 8. Welcome to Vincent Pol University in Lublin, Poland!

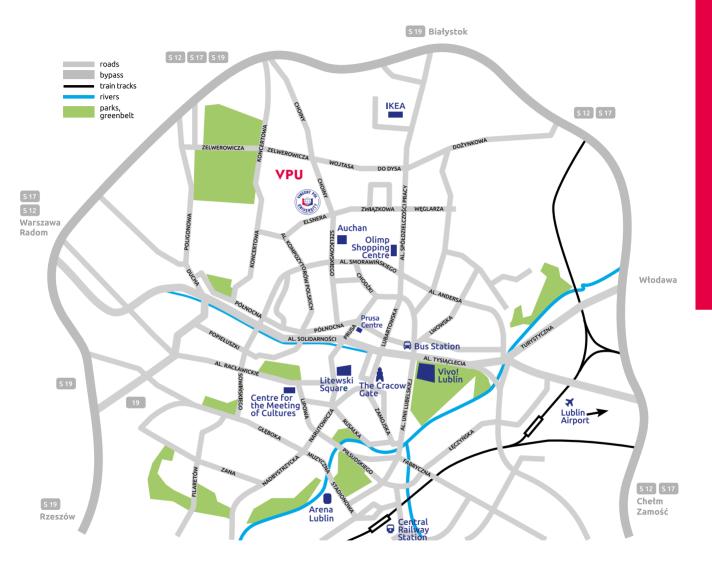
When you come to Poland, please make sure that you have the originals of all the required documents, because you need to submit them. If you have any questions concerning admission procedure, please contact <a href="mailto:infoenglish@pol.edu.pl">infoenglish@pol.edu.pl</a>.

# Required documents

Ц	1.	Application Form
	2.	<b>High School Diploma and High School transcript</b> original or a copy certified by a notary public, and if applicable, a certified translation to English
	3.	<b>Eligibility document</b> issued by a Polish Consulate/Embassy or the Ministry of Education, stating that the holder is entitled to study at the university in the country where the diploma was issued
	4.	<b>Certificate of Recognition</b> issued by a local educational authority (Kuratorium Oświaty) having jurisdiction over the applicant's place of residence, or, if the applicant has no such place of residence, the local authorities having jurisdiction over the head office of the institution to which the prospective student applies
	5.	$ \begin{tabular}{ll} \textbf{Certificate of English Language Proficiency} - this requirement does not apply to those applicants for whom English is either a native language or a language of instruction at school \\ \end{tabular} $
	6.	Copy of passport (page with personal data)
	<b>7.</b>	<b>Medical Health Certificate</b> completed by a doctor and including a clause that the student is in good health and is capable of commencing studies
	8.	<b>4 current photographs</b> (35mm x 45mm, at least one colour photograph)

**Note:** Apart from the documents listed above, Master degree course applicants have to submit their Bachelor diploma and Academic Transcript (originals or copies certified by a notary public, and, if applicable, a certified translation to English).

All the certificates and diplomas require legalization in the country of their origin. Documents issued in countries which are parties to the Hague Convention (the convention that abolishes the requirement of legalization for foreign public documents), must bear an Apostille.



Convenient location of the University:

- at the main communication arteries of the city
- convenient access by public transport, by car
- only about 3 km from the bus station



## VINCENT POL UNIVERSITY IN LUBLIN

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