



WYŻSZA SZKOŁA SPOŁECZNO – PRZYRODNICZA
im. Wincentego Pola W LUBLINIE

VINCENT POL UNIVERSITY
in Lublin

20-816 Lublin, ul. Choiny 2

tel/fax + 48 81 740 72 40, +48 81 740 25 04 infoenglish@pol.edu.pl www.wssp.edu.pl

COSMETOLOGY

THE PROGRAM OF PRACTICAL TRAINING IN CARE COMESTICS

Bachelor's degree studies 2 semester (4 weeks, 160 hours)

Student's tasks:

- learning about organisation, functioning and equipment of a beauty salon,
- learning about health and safety procedures in cosmetology,
- learning about professional image of a cosmetologist and professional customer service in a beauty salon,
- learning about the equipment used in a beauty salon,
- observation of a cosmetologist at work, a specialist planning and performing beauty treatments,
- independent planning and performing a typical care treatment (e.g. hand massage) under the supervision of a cosmetologist,
- learning about important care treatments of the eye and neck area, face, upper and lower limbs,
- independent performance of simple care treatments under the supervision of a cosmetologist,



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BSc COSMETOLOGY

THE PROGRAM OF PRACTICAL TRAINING IN CARE, CORRECTIVE
AND BEAUTY COMESTICS

Bachelor's degree studies 4 semester (4 weeks, 160 hours)

Student's tasks:

- learning about the correct planning of a suitable beauty treatment and correct care products,
- learning about a wide variety of care, beauty and corrective treatments , for example:
 - cosmetic massage for all skin types
 - eye treatments (henna, eye make-up, eyelash extensions, etc.)
 - care and beauty treatments of the upper limb (masks, hair removal, nail treatments, etc.)
 - care and beauty treatments of the upper limb (masks, hair removal, pedicure, etc.)
 - breast care treatments
 - care and health treatments and relaxing treatments of the whole body

Institution traineeship supervisor is asked to conduct a practical test (practical exam) in the form of performing a given treatment in order to check the traineeship program.